

Death By Mastication: Eating Ourselves To Death And The Cure

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Death by Mastication: Eating Ourselves to Death & the Cure It is the ground-breaking new book from T.Chops Robinson, CSCS, NASM-CPT, NASM-PES. This book will unveil the secrets behind: - Why Are We Eating Ourselves to Death? -The Science of Transformation -The Nutritional Edge -The 12 Week Cure -The Tools for Success Each day you neglect your health, you take a step closer to becoming a statistic (about 200,000,000 Americans are at risk, at a cost of about \$147billion). What have You done to improve your health?

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