

# 101 Recipes In A Flash+ 3 Bonuses (plr)

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For The First Time Ever, It's 'Easier Than Easy' To Create a Delicious Meal in Literally Minutes...

"FINALLY! You Can Cook A Professional Delicious Gourmet Meal Lightning Fast, Without Slaving Crazy Hours in Your Kitchen...30 Minutes or Less!" Dear Friend, Let's face it, making a delicious gourmet meal

is tough! There's no doubt, cooking is probably one of the most difficult trades to learn. And yet, its not rocket science; cooking a delicious meal you see on television is next to impossible to create under 30 minutesand did I mention very difficult! Of course, some people will tell you to order some food out.

WRONG! Ordering out again and again will leave your wallets emptier than a water jug in the Sahara

Desert. However, the big problem is most books on cooking a delicious and quick meal mostly revolve around burgers, fries, and pizza, which can be delicious sometimesbut not healthy to have every day of

the week. But now there's good news! A few months ago, I wanted great tasting meals, made in a quick and efficient amount of time. The type of meal youd see on television made by Emeril Lagasse or Bobby Flay; and yet created in a short amount of time like Iron Chef! (under an hour) My goal was set and I tried

a new recipe everyday creating a meal and then finding a way to shorten the recipes directions. Thus,

creating intricate, yet delicious meals you can make under 30 minutes! .Now you can discover The Right Way to Cook Up a Storm at Lightning Speed My newly released work called 101 Recipes in a Flash is the

quickest and easiest way to create professional and great tasting meals in a flash. Inside this magnificent work you'll get over 101 meals youll absolutely love. Everything any housewife, busy-entrepreneur,

student, gourmet chef, etc. would need. Create Delicious Professional Gourmet Meals in a Flash Cut your cooking time in half and create great meals like you see on T.V.! Create delicious meals in 30 minutes or

less 101 dinner meals for you to choose from, so youll never say things like, Pork and beans for dinner, again?!? Recipes youll literally sink your teeth into and never get tired of... 100 healthy and Low-Carb

Recipes also available. Preparation and cook time included with all recipes within the book! Learn how to cook gourmet style: Chinese, Italian, Greek, Indianand more! From enchiladas to ground beef

stroganoffthis books got it all! As you can see this really is the ultimate recipe book. Even if you're already a professional chef you'll benefit immensely from 101 Recipes in a Flash because you'll discover how

quick and easy is it to make a delicious meal in half the time! Here's just a taste of how FAST you'll be preparing and making your recipes! Bonus 1: Vegetarian Meals in a Flash No meat? No problem! Meatless-Vegetarian meals you'll absolutely love! -Quick and simple vegetarian meals you can create instantly -Vegetarian dinner ideas for yourself, friends, family, or significant other -Vegetarian meals under 30 minutes or less! Value = \$9.97 (This bonus is 100 original and can't be bought anywhere else) Bonus 2: Breakfast in a Flash Tired of waking up in the morning and wondering what you'll cook for yourself or family for breakfast? -Breakfast has never been so easy and so fast to make! -Create a fast gourmet breakfast with all its fixings -Stop having the typical coffee and hot cereal in the morning and create a breakfast frittata or a breakfast burrito! Value = \$9.97 (This bonus is 100 original and can't be bought anywhere else) Bonus 3: Dessert in a Flash After creating your lunch or dinner in a flash, why don't you cap it off with a blueberry dumpling cake -Professional dessert recipes you can cap your meals with -Stop waiting and start eating your dessert in no time! -Delicious and healthy snacks you can try anytime, anywhere. Value = \$9.97 (This bonus is 100 original and can't be bought anywhere else) Tags: plr,

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