

Ultimate Health & Fitness Guide Plr

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15 Health and Fitness ebook PLR (All of these books come with Private Label Rights, so you are free to do whatever you like with the CONTENT. And, of course, you can resell the books or whatever products you create and keep 100 of the profits!) 1.Cashing In BIG On The Health And Wellness Industry Discover How You Or ANYONE Can Milk Every Single Dollar From One Of The Highest Demand Markets In The World Today! 2.Disorders of the Brain: A Guide to Mental Illness Discover Everything You Need to Know About Common Mental Illnesses Including How to Help Yourself, Or Others, Cope With the Associated Problems & Symptoms! 3.Alternative Medicine: The Ins and Outs of Non-Traditional Healing Discover How to Heal Yourself Naturally! Revealed: Safe, All-Natural Alternatives to Taking High-Cost, Side-Effect-Laden Prescription Drugs! At last, there is a comprehensive yet concise and easy-to-read guide that explores the many different components of alternative medicine, and how they can help you. 4.Detox Your Body Discover The Secrets to Detoxing Your Body The Quick & Easy Way at Home! Too much partying got you feeling bad about yourself? Or perhaps you want to lose weight and have tried everything under the sun? Maybe you are just sick of all of the toxins that are in the air you breathe, the water you drink and the foods you eat. 5.Herbal Remedy Secrets Uncovered Discover How To Use Herbal Medicine Effectively To Heal Any Disease or Illness. Here is just a sneak peak at what you'll learn in Herbal Remedy Secret Uncovered: Learn what herbal remedies are and how you can use them to heal mental, physical and spiritual complaints Find out how to combine herbal products with traditional pharmaceuticals to enhance your overall wellness 6.Dealing With Bronchitis: Overcoming Bronchitis and Its Health Effects You are About To Read The Most Important Information That Is Available To You Today, You Will Achieve A Better Understanding About Bronchitis! It doesn't matter if you've never had bronchitis before or never known anyone who has, this guide will tell you everything you need to know, without spending too much brainpower! 7.Bipolar Disorder Uncovered: Coping with the Ups and Downs of Bipolar Disorder You are about to take an in-depth look at bipolar disorder. It's all you need to know about bipolar disorder to help you or a loved one lead a normal life. It doesn't matter if you or a loved one have been recently diagnosed or been struggling with bipolar disorder for years This guide will tell you

everything you need to know, without spending too much brainpower! 8. How To Manage Irritable Bowel Syndrome The Definitive Guide To Managing Irritable Bowel Syndrome Irritable Bowel Syndrome, also known as IBS, is a condition in which the bowel does not function as it should. If you are one that has been diagnosed with IBS, then there is a real need to find the help to relieve the symptoms you are facing. If you haven't been diagnosed yet, it is time to consider heading to the doctor if you do feel that these are things happening to you. 9. 101 Power Tips for Preventing and Treating Headaches 101 Simple Ways to Attack Your Headache BEFORE the Pain Starts! Guaranteed! The pain can be AGONIZING! Headaches can stop you from doing all the things you love. Seeing friends, playing with the kids even trying to watch your favorite television shows. And just think of how unwelcome headaches are while trying to work. 95 of women and 90 of men suffer from headache pain And we spend over \$4 billion a year on over-the-counter drugs for headache relief. 10. Bad Breath: Tips & Tricks to Help Combat It! Discover How You Can Combat Bad Breath! Do you find that you are unable to hold a face-to-face conversation for an extended period of time? Well, you may have bad breath, but you probably already know that by now. Having chronic bad breath is not only embarrassing, it is also frustrating. You have tried things like mouthwash and the like, but it doesn't seem to be working for you. Maybe mouthwash is not the answer for you. Don't despair there are other effective ways that you can get rid of bad breath! 11. Mole Removal: How To Completely Eliminate Moles, Warts & Skin Tags Naturally! Moles, warts, and other unsightly irregularities of the skin can be bothersome and even embarrassing. But the good news is they can be removed naturally! 12. 101 Tips for Overcoming Addiction 101 Ways To Confront, Fight And Destroy Your Addiction. Do you want to know the secret all people discover on their road to recovery? It doesn't matter what your addiction. Whether it be drugs, illegal or otherwise. Alcohol, food, sugar, sex, the Internet or anything else. Everyone who finally reaches independence discovers that they first had to confront their addiction face-to-face. And the most successful recoveries apply time-tested methods to seek and destroy the inner causes of addiction. 13. Drug Addiction: Stop Your Dependence! You Are Going To Get A In Depth Look At One Of The Most Noteworthy Guides On Drug Addiction Available On The Market Today. Has a drug addiction taken over your life? Are you finally looking to break the cycle? Or do you know someone who really needs some help getting on the right track? If so, this book will show you the way. 14. The Latest Anti-Aging Treatments and Top Spas in the USA Are You Striving To Look And Feel Youthful? Wish You Could Add 20 Years To Your Life? Discover the Secrets to a Longer,

Healthier Life With This Fantastic Anti-Aging Resource. You might be feeling and looking great now, but have you ever thought about what you'll feel and look like several years from now? Have you ever considered that the choices you make today directly influence how well you age? 15.Natural Herbal Cures and Remedies Heres your chance to capitalize on the ever so growing Natural Cures market. This is a fairly fresh and new niche that is an ever-growing market. Demand for Natural Cures grew over 300 from last year and continues to grow. The Natural Herbal Cures & Remedies package was created, designed, and tested for the health-wise individual in mind. It comes complete with every source of natural herbal cures information for those whod like to know about this growing trend and who are interested in learning about ===== Visit Our Store For More Products thetwelvez.tradebit =====

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