

2 Complete Ebooks Of Natural / Home Herbal Cures And Remedies

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The Complete Book of Home Remedies 1200 Home Remedies for over 100 Ailments Have you ever wondered how people treated illnesses and injuries in the days before doctors and hospitals, antibiotics and sterile surgical suites? You might be surprised to learn that from the earliest of times, people developed highly effective home remedies to heal all sorts of medical problems. There is an amazing new ebook called, The Complete Book of Home Remedies. It covers nearly everything you need to know about home remedies and finding a solution to your common healthcare problems. When the doctor's prescription for your sinus or migraine or backache does not help, this book will. You will find sound advice to rejuvenate your heart and revitalize your body; to control dandruff; to detoxify your body of allergy causing chemicals; and to effectively cure indigestion and flatulence. All remedies given in the book are based on foods, herbs, vitamins, minerals and other natural substances likely to be available in your home. Included in the book are remedies that have been successfully tested and filtered through centuries of experience and generations of use. Many of these have now been 'rediscovered' by modern scientific research. Reflecting the concern and tenor of the times, these remedies reject the fads associated with non-traditional healing and instead offer the best of natural healing backed with reliable medical guidance.

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