

Breaking Free - How To Banish Bad Habits Ebook Plr

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In the eBook, you'll learn how to turn your life around! Defeat Daily Temptations Its easier to promote a healthy new habit than to get rid of the old one thats causing all the misery. Trying too hard to break a habit is usually a recipe for failure. As long as youre focused on the old habit, youre like a soldier fighting with one hand tied behind his back. Prepare for a Lasting Lifestyle Change Youll learn how to replace your bad habits with healthy new habits. Focusing on your new lifestyle is like freeing the hand tied behind your backsuddenly you have power to bring about the change you desire. === FREE BONUS - Plus you get to choose a FREE Bonus Gift from any product I have in my Tradebit Store! {One of equal or lesser value.} Here is what you will learn inside this guide.... = The six stages in the process of breaking bad habits = How to replace bad habits with a healthy new lifestyle = How millions of people have succeeded in breaking a bad habit = Why you have a better chance of freeing yourself from a bad habit by taking responsibility for your own program = Why successful preparation for change means that you set goals for yourself = Why change is not an event, but a process = Why most successful self-changers fail at least once before they succeed = Why willpower alone isnt enough = Why quitting a habit cold turkey usually doesnt work = Why a commitment to a more active lifestyle is one of the keys to breaking a bad habit And a lot more! This package Includes: = Minisite Graphics = PLR Content = Keyword research already done for you!!! = Resell Website ----- This Product Comes With Private Label Rights What you can do: [YES] You may sell the Private Label eBook as an uneditable .PDF file for personal use only. [YES] Sales page can be edited completely and your name put on. [YES] The eBook can be edited completely and your name put on. [YES] You may use the affiliate banners for your affiliates to promote the ebook. Your affiliate program should not pay more than 75 commissions on all sales in all levels. [YES] You may sell the ebook as a tangible product through a selfpublishing website such as Lulu.com. However, if you wish to use the same images as on the downloadable product, you will need to repurchase these images on an Extended License, in accordance with the Stock Photo terms and conditions. [YES] You can translate the ebook/report into another language. [YES] You may add the ebook to a RECURRING SUBSCRIPTION website or PAID

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