

404 Self Improvement Tips

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"Just One of These 404 Tips Will Help YOU To Save More Money, Make A Better Relationship, Have A Healthier Body and Create Huge Success In Life and Business!" From The Desk Of YOUR NAME Re: The ultimate self improvement tips ebook... Dear Friend, I don't know about you but I'm convince that you're always trying to improve your life, correct? I can help you by recommending "404 Self Improvement Tips". This is not a "heavy" ebook filled with some life theories. "404 Self Improvement Tips" is one big collection of easy-to-apply self improvement tips and tactics... Read and apply these tips and you WILL have a MUCH better life... There is no question in my mind that this eBook will help you become a much better man or woman than you are now -- regardless of your age, sex or social background -- if you just read them and begin to practice them. Nothing complicated here, just some proven tips for helping you to become a better human and ultimately improve quality of your life. 404 Self Improvement Tips is divided into four powerful section... PART 1 - 101 Money Saving Tips People are always trying to save money, especially with todays economy. No matter what your reason for saving, through this e-book, you will discover ways never considered. The price of everything has gone up, requiring people to be more conscientious about money. The problem is that by the time the mortgage, car, utilities, and credit cards are paid, there is little money to put aside. Saving money is not that hard, just a matter of learning all the different options and being creative. In addition to the obvious of putting money into a retirement fund or savings account, there are hundreds of ways to save money. Although some ways of saving may not seem like much, once you add them up at the end of the year, you will see how substantial the savings really are. Keep in mind that saving is more than a single lump sum of money put aside. Saving is something found in your everyday life by the way you live and the choices you make. Rome was not built in a day and neither will your bank account be. Each penny saved is one more penny than before. If you have the ability to save big, that is great. However, most people are not in that position, which is why this e-book will show you how little savings can add up quickly. Part 2 - 101 Success Tips Most people want to be successful in life. There are goals set and then the hard work begins to reach those goals. The question is what is success? Actually, success can mean different

things to different people. For example, a person that owns their own oil changing service for vehicles might set their level of success at servicing 50 cars a day while someone who loves music might consider success as cutting their own CD. In addition, success does not always have to involve money. Success could be getting a good grade in a difficult class or learning how to bake the perfect chocolate cake. Success comes in all different shapes and sizes with one common denominator. Success is important and it takes work to reach. Regardless of what your specific success is, there are ways to surpass your goal. We have put together 101 tips that can be used for any success. These are ways to better yourself as a person, proven methods you can apply to reach success.

Part 3 - 101 Health & Fitness Tips

More than any other time in history, people are all vying to have the best, healthiest body possible. The health and fitness industries are making billions of dollars every year on herbal supplements, fitness equipment, gyms, and special diets. If you watch TV or read magazines, there is always some intriguing commercial asking for money to help you get into shape. While many of these options are good and healthy, others you should stay as far away from as possible. Recently, a professional baseball player died at the age of 23. In his locker, a bottle was discovered containing Ephedrine. The FDA just issued a warning that people need to heed. Now that you have made a commitment to take care of your body, both internal and external, it is critical to your overall health that you do it the right way. We're giving some tips for both health and fitness that will help you lose weight, discover ways to maintain a better healthy lifestyle, and be in the best shape of your life all the smart way!

Part 4 - 101 Love & Relationship Tips

Dating and marriage is different than it was twenty years ago. In today's society, more than 50% of all marriages fail for one reason or another. Just thinking about that makes commitment seem scary. It seems that when relationships are faced with challenges, people quit trying. Dating is more like a marathon, trying to date as many people as possible, instead of taking time to get to know someone at a deeper level. For married couples, divorce is not biased. Whether married for thirty years or eight months, the outcome can be the same. The fact is that relationships, whether dating or married, are hard. Things do not always go perfectly, fighting does occur, and it takes a 100% commitment from both parties to make it a success. Often when people break off a relationship, they feel as though something is missing. The spark has gone, leaving one or both people feeling inadequate and unfulfilled. There are hundreds of things you can do to better your relationship. To help get you headed in the right direction, we have chosen 101 ways to build, strengthen, and enhance your relationship.

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