

Crystal Vibrations Emotions A-z

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CRYSTAL VIBRATIONS EMOTIONS A-Z A Comprehensive Reference guide to Crystal Healing For the Emotions and the Mind. Containing Over 650 References Colleen Simmons Author of Crystal Vibrations Ailments 2 Published By Crystal Vibrations RMBC 1978 Webb Rd. Ballarat Vic 3352 Australia Copyright Colleen Simmons 2005 Website Address: crystalvibrations.org All rights reserved. No part of this publication may be reproduced, stored in any retrieval system or transmitted in any form or by any means, electronic, mechanical, photocopy, recording or otherwise, without the written permission of the Publisher. ISBN 0-9757247-3-8 Title: Crystal Vibrations Emotions: A Comprehensive Reference Guide to Crystal Healing for the Emotions and the Mind Author/Contributor: Simmons, Colleen; Simmons, Jeffrey; Simmons, Gregory Publisher: Crystal Vibrations 3 Acknowledgements I have a few people that I would like to thank for their help. Firstly my loving husband of 38 years Jeff, who supports me 100 in everything that I do, even if he doesnt understand it, he is my strength and my rock. My daughter Nicole for her love, support and ever practical , and bringing me down to earth once in a while. Greg my son, who again supports me even though, he is not 100 sure if things work or not, and for all the crystals that he has come home with over the years. Libby, who is just new to our family and has a great interest in crystals and their healing qualities and for her support also. Scott, who is the newest member of our clan, His help with the computer side of making this book and the website a reality has been invaluable. I would like to thank my dear friends Gloria and Bill Murphy who have looked in second-hand bookshops all over the place for me and also for their support and love. Its not easy being supportive of something that you do not fully understand. I would also like to give a vote of thanks to my friends Megan Huntly for her support and suggestions and use of her extensive information system, Wendy Spicer and Karen Bridle for their unqualified encouragement and honesty, Linda Blake for her valuable assistance with the medical terms and also her encouragement. Thanks and I love all you guys heaps. A very special thanks goes to Ross Kitzelmann, who not only let me photograph some of his wonderful collection of crystals, but who has freely shared the benefit of his knowledge of crystals gained over 34 years. I have added to my own collection and knowledge considerably since meeting Ross. I know you will enjoy Rosss photos. For

purchase of Crystals contact Ross at: crystalcottage@bigpond.com This is a very special acknowledgment to my husband Jeff who has spent 100s of hours on taking the beautifully presented crystal photographs that you will find included in this book. He has become very proficient in this area and takes the photos with loving care. Also a thank you to my son Greg for the body and chakra diagrams. Great work Greg. 4 Dedication This book is dedicated to my grandson Joshua, my hope and inspiration for the future. Other books in this series that have been published Crystal Vibrations Ailments Other books in this series that are currently being written will cover the following subjects Behaviour/Environment/Goals Meditation/ Chakras/Dreams/Time/ Journey/Misc Spiritual/Star signs 5 TABLE OF CONTENTS Forward 23 Introduction 24 What is Crystal Healing 26 What Are Crystals 27 Choosing Crystals 28 Cleansing Crystals 30 Programming Crystals 31 Storing Crystals 32 Crystal Usage 33 The Chakras 34 Base Chakra 34 Sacral Chakra 35 Solar Plexus Chakra 36 Heart Chakra 37 Throat Chakra 38 Third Eye Chakra 39 Crown Chakra 40 Crystal Healing Layouts 41 Intuitive Healing Layout 41 Chakra Healing Layout 42 Headache Relief Layout 43 Aches and Pains Relieving Layout 44 A-Z of f ailments

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