## **Improving Your Brain Power**

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The scientific community has discovered that our brains are quite a bit more easily influenced than what was once considered as common knowledge in that group. This book was written to help you to take advantage of this finding, and make the most of your brains hidden potential. You do not have to posses super intelligence or keep your nose stuck in a book all the time to improve your working memory, or even your IQ. Are you intrigued by the possibilities? Read on, and you will be both fascinated and motivated to harness some of this brain power for yourself!

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