

Item# Feb75 How To Effectively Control Your Anger

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Anger control is a must for success not only at the workplace, but also at home. However, it is not that easy to control anger and relax. The eBook, How To Effectively Control Your Anger, can be of great help to you as it offers some highly effective anger management techniques. With the help of these valuable tips, expressed in simple language, you can easily control anger and relax more.

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