

Mp3 Inner Calm - Schumann Resonance

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A calming blend of soft brown noise, pure harmonic tones and binaural beats to produce one of the most beneficial frequencies for relaxation and healing. 3 MP3 Songs in this album (59:59) ! Related styles: NEW AGE: Relaxation, NEW AGE: Healing People who are interested in Brainwave Entrainment Binaural Beat Technology should consider this download. Details: The Earth's Pulse Experience the wonderful healing effects of the Inner Calm Schumann Resonance CD. Soft brown noises accompany pure harmonic tones to entrain the brainwaves into a deeply calming and relaxing state. At a pulse rate of 7.83 hz, this powerful frequency is found to help rejuvenate and restore balance within the mind and body, getting one in tune with the Earth's natural rhythm. 60 minute brainwave entrainment session. Completely safe. (Requires headphones)

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