

# Forex Lmt Formula

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What Is L.M.T ? L.M.T Stands for Low Maintenance Trading. This simple concept is behind the structure of this whole trading method. The L.M.T Forex Formula is a simple to use trend following system that requires very little time to manage and trade. The L.M.T Forex Formula was originally designed for trading the Daily charts but can also be used very profitably on the 4 hour charts. If you currently have a demanding day job but still wish to trade Forex then you will want to focus on the daily charts. This allows you to only check your charts for 10-15 minutes a day (at the close of the daily candle). Trading the daily charts will also provide you with very profitable trades sometimes netting anything between 100 and 2000 pips profit. Trading 10-12 pairs on the daily charts you can expect around 8-10 trades a month which is 2-3 trades a week on average. If you have more time to spare you may wish to drop down to the 4 hour charts giving you plenty of opportunities to trade, however this will also require a lot more time managing the trades as they progress. L.M.T is designed so the odds are in your favor every time you make a trade. Using the power of the prevailing trend coupled with an accurate entry technique, gives you a high success rate in each trade. LMT is also designed so you have as little to do as possible. The special indicator will alert you via sound on your pc when any trades could be setting up so you can come to your computer and see if it meets our high probability framework. If it does and a trade is present, stop loss and profit targets are clearly stated on the screen saving you from doing all the hard calculations yourself.

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