

Diet And Exercise Planner For Pocket Pc

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Diet and Exercise Planner is a Pocket PC software designed to help you keep track of your daily food intake and exercise. The Planner software is simple and easy to use: one button allows to enter food you ate, another button lets you enter the exercise. The Planner uses your weight to calculate amount of calories burned by exercise. The front screen indicates the calorie balance as well as corresponding weight loss. Diet and Exercise Planner for Pocket PC specifications: Download Size: 107 KB Other System Requirements: Pocket PC 2002 or later/ including Windows Mobile 5.0 Diet and Exercise Planner for Pocket PC support Support email: support@soundtells.com Phone: 617 817 1916 Diet and Exercise Planner for Pocket PC manufacturer SoundTells 9 Michael Rd 02135 Boston soundtells.com/

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