# **Strepal - Slow Yourself Down**

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Important!: Please read the full description before you buy this product Artist: Ehsan Album: StRePal -Your Buddy For Relieving Stress If you are too much stressed and the stress inside of you are making you mentally restless then you must slow yourself. This relaxing music can help you to slow yourself down & recharge your mind. It contains Isochronic tones inside of it which will take your mind to a relaxed state & help you to slow down. This in turn will give you mental & physical energy to perform your tasks better. Disclaimer: This music contains isochronic tone. This tone is able to alter your state of mind & it uses brainwave entrainment technology to make you relaxed. Though isochronic tone is safe to use for relaxation but researchers have suggested to avoid using Brainwave Entrainment Technology for certain types of persons. As this music contains isochronic tones so we suggest you to avoid listening to this music if you are a person who: \* Is prone to seizure and have a history of affecting with seizure \* Has a history of epilepsy \* Has mental abnormalities or illness \* Is pregnant \* Has pacemakers in heart \* Has heart diseases which need short and long term treatment & medications \* Is highly addicted to and influenced by alcohol or any other substances (legal or illegal) that can alter the mood or behavior \* Has internal head injuries of any kind Since this music is capable of altering your mind state to a relaxed state therefore don't listen to this music in any of the below situations: \* While you are driving \* While you are operating heavy machineries that have potential to make any kind of damage to your body \* While you are doing any kind of work that needs full attention to perform the task successfully \* While you are performing any kind of risky jobs that requires you to be in fully awake state of mind This music is most suitable for persons over the age of 18 because people who are under age of 18 are generally more susceptible to seizures. please visit the following page to learn more about the disclaimer, warnings & best practices for this music & other STREPALs: strepal.com/disclaimer User Guide: To get the most out of this STREPAL you can read the user guide of STREPAL. You can download this guide from below link: (Just visit the link. The guide will be opened in your browser. From there save the guide in your hard drive) strepal.com/StRePal-UserGuide.pdf

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