

Gym Journal For Pocket Pc

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Gym Journal - log, chart, and monitor your progress with ease. The Gym Journal simplifies workout data logging. The software automatically saves the equipment, the number of repetitions, weight, resting time, and general state of health. In addition to being a convenient data logger the software is also a voluble

tool for longitudinal trends analysis. Gym Journal for Pocket PC specifications: Download Size: 83 KB

Other System Requirements: Pocket PC 2002 or later/ including Windows Mobile 5.0 Note: download

through Windows Gym Journal for Pocket PC support Support email: support@soundtells.com Phone:

617 817 1916 Gym Journal for Pocket PC manufacturer SoundTells 9 Michael Rd 02135

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