## **Glucose Tracker For Pocket Pc**

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Measuring your glucose level can help you and your doctor control diabetes and its many complications. We suggest that persons with diabetes begin keeping a daily log of their glucose readings. It's a good idea to take readings at different times of day: the ideal glucose levels are: 70 to 130 mg/dL (4 to 7 mmol/L) before meals, and less than 180 mg/dL (10 mmol/L) 1 to 2 hours after a meal.Glucose Tracker for Pocket PC specifications: Download Size: 80 KB Other System Requirements: Pocket PC 2002 or later/ including Windows Mobile 5.0 Glucose Tracker for Pocket PC supportSupport email: support@soundtells.comPhone: 617 817 1916Glucose Tracker for Pocket PC manufacturerSoundTells9 Michael Rd02135 Bostonsoundtells.com/

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